

Caregiver Guilt

Category : Coping

Published by [Chapster](#) on 2002/12/20

[size=medium]Caregiver Guilt

Recorded in The KEOM 88.5 FM studios in Mesquite Texas

December 20, 2002

Q: So what are we talking about today, Mike?

A: Today, I thought we'd talk about the guilt that is a very common experience for those who are caregivers. Those who work professionally caring for the elderly often hear adult children say things like, "I promised mom that I'd never allow her to go into a nursing home,"