

[NationalPainFoundation.org: A Positive Attitude is within your Reach](#)
Pain

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([NationalPainFoundation.org](#)) - A recent newsletter from the National Pain Foundation referred to this new article that offers help to improve outlook when facing pain. Pain can severely diminish our outlook on life. Those who are in pain find it hard to find medical professionals who take their pain seriously, family who know how to support them when they are in pain, and the ability to keep up with a positive sense of self. This article may provide some help.